



## Middle Township Public Schools

### Elementary #2

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Nancy Loteck  
Principal

Carrie Sinone  
Asst. Principal

September 7, 2022

Dear Parent or Guardian,

We are reaching out to announce the revision of the New Jersey Comprehensive Health and Physical Education standards, as required by the NJ Department of Education. We value the importance of partnering with families as we educate students in the knowledge and skills they need in order to lead a healthy, active life.

Parents/Guardians do have the option of excluding their child from any portion of sexuality/family life education instruction if it is in conflict with their moral or religiously held beliefs. Based on community feedback, we've identified the standards of potential concern and listed them below. Instruction of these standards will take place in June with the 5th graders.

These are the following standards to be covered in grade 5.

- 2.1.5 PGD.2 Examine how the body changes during puberty and how these changes influence personal self-care.
- 2.1.5 PGD.3 Explain the physical, social, and emotional changes that occur during puberty and adolescence and why the onset and progression of puberty can vary.
- 2.1.5PGD.4 Explain common human sexual development and the role of hormones.
- 2.1.5.PP.1 Explain the relationship between sexual intercourse and human reproduction.
- 2.1.5.PP.2 Explain the ways pregnancy can occur (e.g., IVF, surrogacy)
- 2.1.5.SSH.2 Differentiate between sexual orientation and gender.

We will be utilizing The Great Body Shop resources to teach the Health Curriculum. Information and videos about these materials can be found at:

<https://www.thegreatbodyshop.net/curriculum/k-six/video>

The K-6 Program Guide

<https://www.thegreatbodyshop.net/curriculum/k-six/topics>

Any child whose parent or guardian wishes to opt their child out of the above standards and/or other family life education/sex education shall be excused from that portion of the course by completing the opt out form by September 30, 2022 Your child will be removed from lesson covering the identified opt out content.

Opt out link-

<https://forms.gle/EXjWTfHLbzYQJJXp6>.

If you have any questions or concerns, please feel free to contact me. The curriculum will be housed on our district's curriculum web page as well as the link to the opt out form. Thank you for your cooperation and support.

Curriculum Web Site

<https://middletownshipublicschools.org/district/curriculum/>

Sincerely,

*Nancy Loteck*  
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